



VIZJA UNIVERSITY

Child and Youth Pedagogy

Postgraduate Diploma Program

20 | **VIZJA**
25 | **UNIVERSITY**
POSTGRADUATE

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"When you touch a person's life, you get the chance to change a world."



– Robin Sharma

"Touching a child's heart means shaping the future of a generation." Children and adolescents are the driving force of society and the architects of the future. Guiding them not only transforms their individual lives but also contributes to the development of communities, cultures, and even the world. Imagine making a meaningful impact on a young person's life... Years later, they carry the lessons they've learned to others, becoming a source of inspiration and spreading positive change with love and awareness.

Child and Youth Pedagogy postgraduate program is designed not only to provide professional expertise but also to nurture mentors who will help shape conscious, ethical, and compassionate individuals for the future.

We are here to equip you with the knowledge and skills needed to support children and adolescents in overcoming challenges and unlocking their full potential. Because being a great mentor is not just about sharing knowledge—it's about offering hope, building trust, and inspiring growth.

Take the first step today and become a guiding force for the future!

Program Summary

The Child and Youth Pedagogy Postgraduate Program is a graduate-level education program designed for individuals who aspire to work professionally with children and adolescents. This program equips participants with the essential knowledge and skills to support the psychological, academic, and social development of young individuals, helping them reach their full potential through conscious and effective guidance.



Academic Education

The program empowers participants to create a positive impact in the lives of children and adolescents.

Duration: 1 year of theoretical instruction.

- "The greatest legacy is the mark you leave in the lives you touch."
– **Shannon L. Alder**



Individual and Societal Development

- Scientific Education: Mentorship techniques are taught as part of the educational process.
- Internationally Recognized Diploma: Graduates continue their careers with a prestigious postgraduate diploma.

Learn from Experts, Become a Strong Mentor!

PROGRAM VISION

The program is designed to equip individuals with the ability to establish safe, effective, and conscious mentorship relationships with children and adolescents through scientifically grounded, ethical, and sustainable guidance methods. Through this program, participants not only enhance their individual counseling and mentoring skills but also become transformational leaders who drive positive change in society.

Start Date

August 18, 2025

Duration

300 Hours / 1 Year

**Education
Format**

Online Live MS Teams

Diploma

Postgraduate / 60 ECTS

Language

Turkish

**Last Registration
Date**

August 15, 2025

Class Day-Hour

Monday - Wednesday
16:00 - 17:30 / 18:00 - 19:30

Class times are stated according to Berlin (CET) time zone.

****The program content is based on the curriculum valid at the time of publication. The university reserves the right to make changes to the program in line with academic quality and requirements.**

The most up-to-date version is always considered the valid one.



■ Program Goals

- **Developmental Counseling Competency:** Participants will gain a deep understanding of the cognitive, emotional, and social development processes of children and adolescents, enabling them to provide tailored, effective guidance that meets the unique needs of each individual.
- **Communication and Empathy Skills:** The program emphasizes building healthy communication with children and youth, enhancing empathy, and creating a safe, supportive learning environment that fosters their development.
- **Ethical and Professional Mentorship:** Participants will learn to apply ethical principles throughout the mentorship process, maintain professional boundaries, and build trust-based relationships with children and youth.
- **Psychosocial Support Competency:** The program focuses on equipping participants with specialized techniques and approaches to help children and adolescents navigate and overcome the emotional and social challenges they may face.
- **Social Contribution and Social Responsibility:** Participants will be encouraged to develop projects that contribute to creating responsible and conscious individuals, supporting professionals in their efforts to foster social responsibility and positive change in society.

Participants Who Successfully Complete the Program:

- Can evaluate the developmental processes of children and youth from a scientific perspective and provide conscious guidance in their education.
- Can actively use effective communication, empathy, and problem-solving skills in the mentoring process.
- Can offer mentoring services within the framework of equal educational opportunities and ethical principles.
- Can implement structured guidance programs for children and adolescents in need of psychological and emotional support.
- Can provide guidance in crisis management and enhancing psychological resilience.





Curriculum

This curriculum, carefully developed by experts, aims to equip you with the competencies needed to provide professional mentorship to children and adolescents upon completion. Each module offers practical content alongside theoretical knowledge, helping you become a strong and effective mentor in the field.



"Education is not just about transferring knowledge; it is about unveiling the potential within an individual."

– Maria Montessori
(The Founder of Montessori Education)

- **Inspire the Future:** By touching a child or adolescent's life, help them move forward with confidence.
- **Start Transformation:** Assist them in discovering their inner potential and be part of their change.
- **Provide Effective Guidance:** Be a conscious guide with knowledge, experience, and empathy.



"True mentorship is about unveiling the strength within an individual."

– **Albert Bandura**
(Founder of Social Learning Theory)

Academic Content

1. Introduction to Mentorship

In this module, you will learn the fundamentals of mentorship and discover how to provide effective guidance to children and youth. While understanding ethical principles, confidentiality, and professional boundaries, you will also be equipped with techniques to strengthen your communication skills.

- What is Mentorship? What it is Not?
- Mentorship Techniques in Working with Children and Adolescents
- The Role and Responsibilities of the Mentor
- Ethical Principles, Privacy, and Professional Boundaries
- Assertiveness and Self-Confidence Training
- Setting Goals, Objectives, and Vision
- Problem-Solving and Termination Techniques
- Rational Thinking and What to Do During Crisis Situations
- 50 Techniques for Working with Children and Adolescents

2. Developmental Psychology I (Childhood Period)

In this module, you will explore the cognitive, emotional, and social development of children from a scientific perspective. You will learn about the key challenges children face, developmental disorders, and potential solutions.

- Child Development (Cognitive, Emotional, Social)
- Childhood Issues and Solutions
- Learning Difficulties
- Fears, Phobias, Anxiety, Tics
- Autism
- ADHD/ADD (Attention Deficit Hyperactivity Disorder)

When a child is encouraged, they discover their own strength.

– Lev Vygotsky
(Developmental Psychologist)



3. Developmental Psychology II (Adolescence)

In this module, you will gain a detailed understanding of the changes during adolescence, identity development, and the psychological processes of teenagers. You will also learn methods for coping with crisis periods and techniques for providing support as a mentor.

- Adolescent Development (Cognitive, Emotional, Social)
- Adolescence Crises and Opportunities
- Identity Development and the Importance of Role Models
- Trauma and Resilience
- Being a Strong Mentor: Communication and Empathy

4. Communication and Leadership Skills in Mentoring

In this module, you will acquire essential skills to establish effective communication with children and adolescents. Topics such as building trust, developing empathy, and family-school collaboration will be emphasized.

- Effective Communication Techniques
- Active Listening
- Building Trust and Developing Empathy
- Conflict and Problem-Solving Techniques in Communication
- Parenting Roles
- Meeting Tracking and Evaluation in the Mentoring Process
- Family Structures and Their Impact on Children
- School Environment, Teacher-Mentor Collaboration
- In-Home Education
- Home Visits and Feedback

"When talking to children, listen to their biggest dream; because there, you will discover who they truly are."



– Erik Erikson
psychosocial
development

5. Values Education

In this module, you will explore strategies that will help individuals understand their cultural identity and provide guidance in a socially responsible manner. You will also learn how to support the ethical and moral development processes of children and adolescents.

- What are values and why are they important?
- Migration and Cultural Identity
- Self-Cultural Heritage and Traditions
- The Experience of Biculturalism in Migrant Children
- Family Values and Family Relations of Migrant Children
- Cultural Identity and Adaptation in Schools
- Media and Digital Culture for Migrant Children
- Learning Values through Stories and Fables
- Cultural Empathy and Values in Multicultural Environments
- Values Education Strategies for Migrant Children

6. Psychological Resilience and Stress Management

In this module, you will acquire the essential skills for establishing effective communication with children and adolescents. Topics such as building trust, developing empathy, and fostering family-school collaboration will be emphasized.

- Developing Resilience in Children and Adolescents
- Learning and Memory Mechanisms
- Stress Management
- Time Management
- Problem-Solving and Decision-Making Strategies
- The Ability to Say No
- Enhancing Self-Efficacy and Motivation
- Coping with Negative Thoughts

7. Mentoring for At-Risk Children and Adolescents

In this module, we will address the guidance processes for children and adolescents at risk, covering critical topics such as working with delinquent youth, techniques for coping with addiction and behavioral disorders, and more.

- Working with Delinquent Children and Preventive Practices
- Working with Children Who Have Experienced Neglect and Abuse
- Substance Addiction and Behavioral Disorders
- Mentoring for Immigrant and Refugee Children
- Coping with Bullying, Violence, and Aggression
- Mentoring Gifted Children

"The two most important things in a person's life are: an idea that guides them and a mentor who believes in them."

- John Dewey



(Modern Eğitim Felsefesinin Öncüsü)

8. Education, Professional Development, and Career Planning

This module is designed to help mentors support the academic success of adolescents and guide their professional development.

- Career Choice and Future Planning
- Discovering and Empowering One's Potential
- Barriers to Success and Solutions
- Skill Development and Career Mentorship

9. Digital World and Mentorship

In this module, the effects of the digital age on adolescents will be explored, focusing on social media use, digital addiction, and developing a conscious approach to online mentoring practices.

- Psychological Effects of Technology on Children
- Youth and Mentorship in the Digital Age
- Social Media Use and Digital Security
- Digital Addiction and Solutions
- Online Mentoring and Digital Education Platforms

10. Emotional Recognition and Expression Skills

In this module, techniques to help children and adolescents recognize and express their emotions in a healthy way will be taught.

- Methods for Developing Emotional Skills
- Exam Anxiety and Coping Strategies
- Motivation and Methods to Enhance Motivation
- Anger and Anger Management Techniques
- Social Phobia

"A good teacher leaves a touch that affects their student forever."

– Carl Gustav Jung
(Analitik Psikolojinin Kurucusu)





""Helping a person is not just giving them something, but helping them realize the power within themselves."

– Booker T. Washington

Tuskegee Enstitüsü Kurucusu

11. Mentoring in Traumatic Processes

This module focuses on understanding the effects of traumatic experiences on children and learning psychological and emotional support processes to assist them.

- Post-Traumatic Growth and Empowerment
- The Effects of Traumatic Experiences on Children
- Emotional First Aid Techniques
- Strategies for Supporting Children with Difficult Histories
- Crisis, Trauma, and Grief Counseling

12. Techniques for Understanding the Individual

This module includes psychological assessment methods aimed at understanding individuals and techniques that will help mentors analyze children more effectively.

- Psychological Measurement and Assessment Tools
- Observation Techniques
- Interview Techniques
- Use of Surveys and Scales
- Sociometry and Group Dynamics
- Projection Techniques
- Getting to Know the Individual with Technological Tools
- Case Analysis and Application Studies

Custom Designed Curriculum

Advantages This Program Will Provide You:

International Validity:

- A diploma recognized internationally, in line with European standards.
- Competitive advantage in the global job market.

Modern and Flexible Education Model:

- Completely online, live lessons.
- Perfect balance between career and education.

Theoretical and Practical Skills:

- Gaining skills in providing effective mentorship, psychosocial support, and crisis management with children and adolescents.
- Acquiring experience in handling real-life situations through case analyses and practical work, preparing for challenges that may arise in the field.

Strong Academic Team:

- Expert instructors and industry professionals in their fields.

Extensive Alumni Network:

- Networking opportunities with an international alumni network.

"The world offers opportunities to those who dare to improve themselves."

– Ralph Waldo Emerson



"Discover Your Leadership Potential!"

Unique Features of the Program

Touching a child or adolescent's life is not just a mentoring process. It means shaping the future and unlocking the potential of a generation. This program is not just an ordinary education; it is a movement of transformation.

Make a Difference in Your Professional Life!

Today, mentorship is not limited to providing knowledge. The real difference lies in how you guide children and adolescents, how you contribute to their developmental processes, and how you help them gain a vision for their future. This is where the Child and Youth Pedagogy Postgraduate Program comes into play. This program offers not only academic knowledge but also practical experience and the opportunity to create real-life transformation.

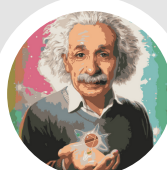
Be a Conscious Guide, Make a Difference!

- ✓ You will gain a scientific and practical mentorship experience beyond traditional educational approaches.
- ✓ You will specialize in areas such as psychology, pedagogical development, crisis management, and ethical guidance.
- ✓ Through real case analyses and interactive activities, you will develop your mentorship skills.

Mentor with a Global Perspective!

The world is now developing within a digital and global framework. This program will equip you not only in the field of individual mentorship but also in international education and guidance processes. Because children and adolescents now need guidance not only in the physical world but also on digital platforms.

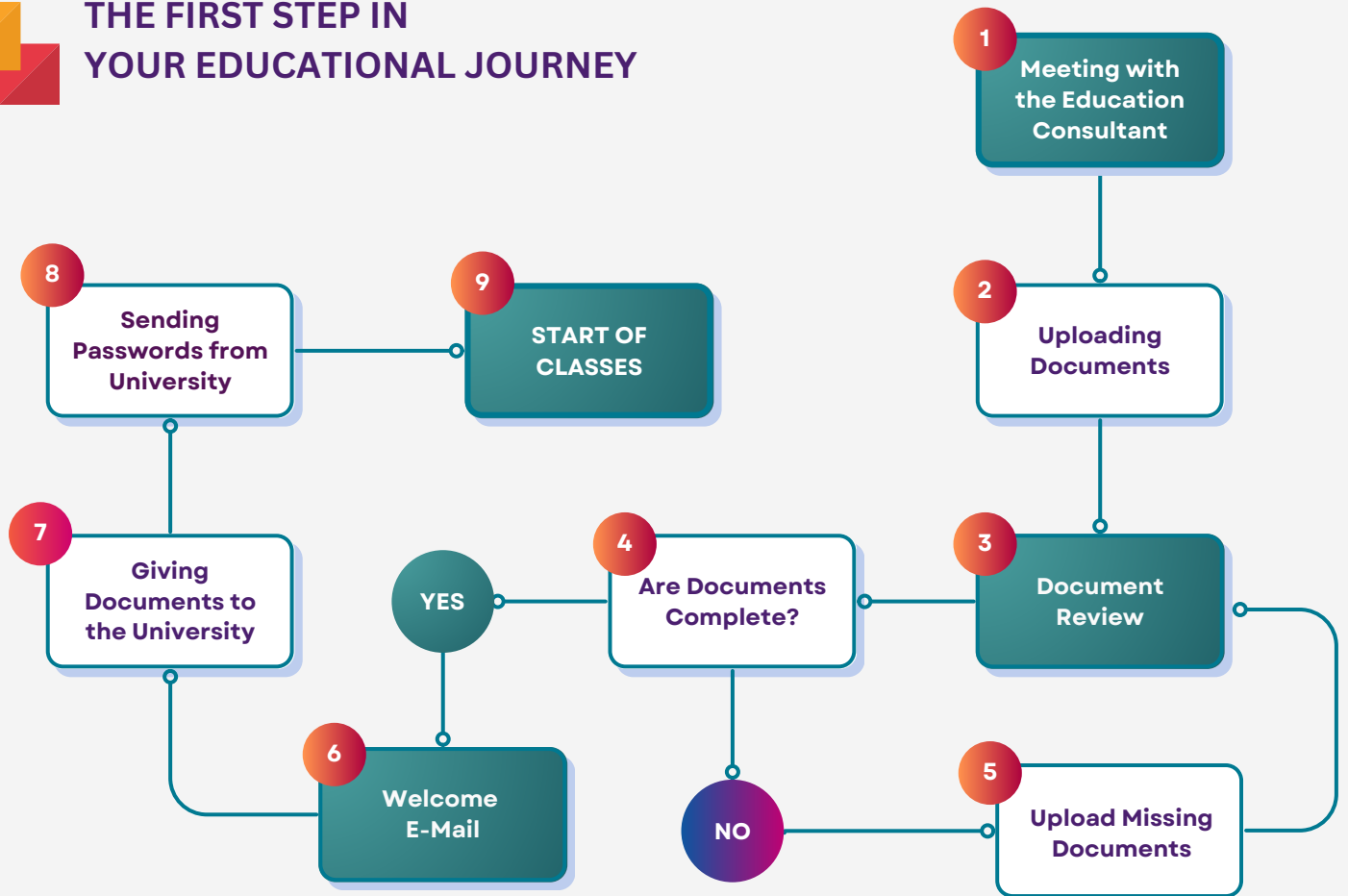
"The secret to success is being open to continuous learning and development."



– Albert Einstein



THE FIRST STEP IN YOUR EDUCATIONAL JOURNEY

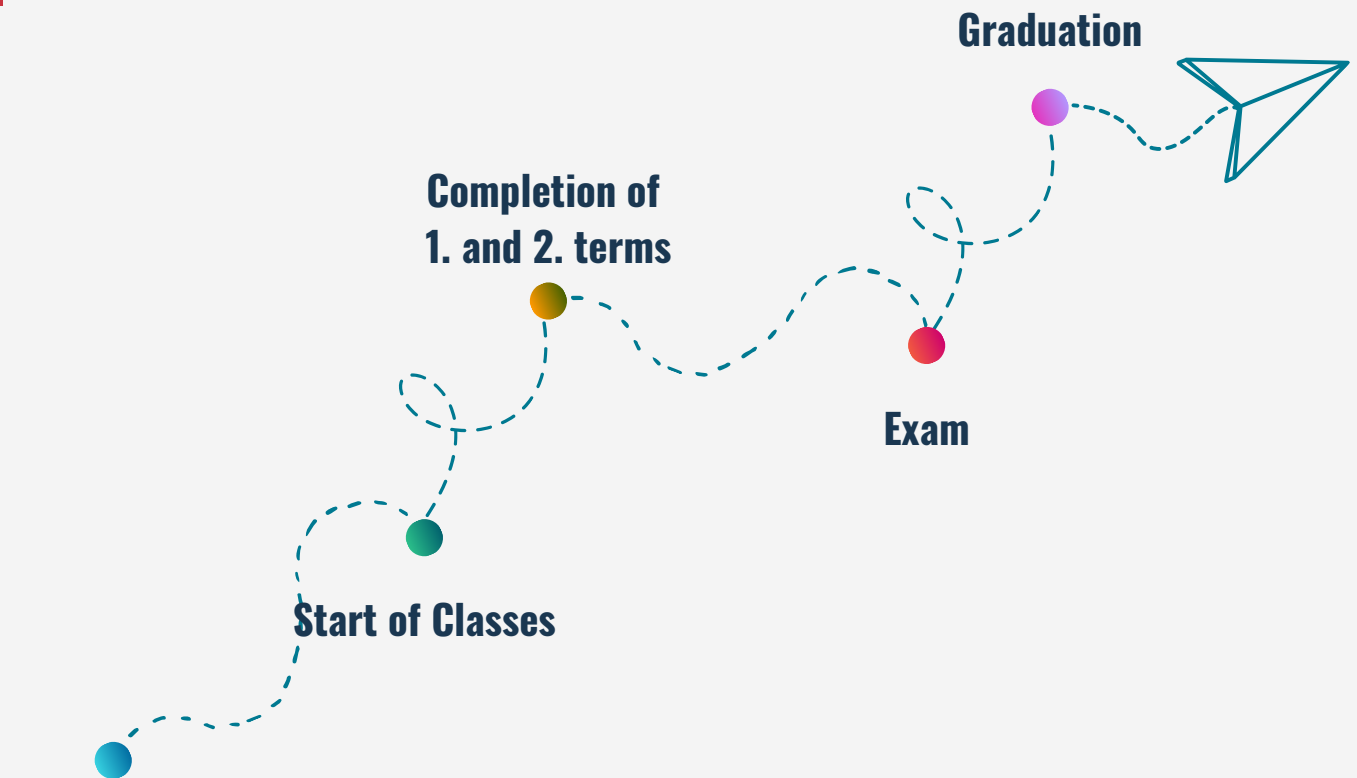


- 1 The student meets with their advisor regarding the educational process, and the necessary information for registration is shared
- 2 The student uploads the requested documents through the system.
- 3 The education advisor or university officials check the accuracy and completeness of the uploaded documents.
- 4 If the documents are complete, the next step is taken. If there are any missing, the student is informed about the deficiencies
- 5 The missing documents, as indicated, are completed by the student and re-uploaded.
- 6 When all documents are complete, a registration confirmation email is sent to the student.
- 7 The physical submission of documents to the university by the institution.
- 8 The university sends the necessary credentials to the student for access to the educational portal.
- 9 After the registration process is completed, the student begins the courses.

**** You will receive updates from your education advisor. You can always receive support for registration.**



STUDENT ROADMAP



Program Registration

- Once your final registration process is completed, your documents will be submitted to the university on your behalf. Please make sure the information you provided is correct.
- Classes will take place online via MS Teams. Please remember that there is an 81% attendance requirement. Attendance must be taken within the first 10 minutes for roll call.
- The programs are divided into two semesters. You can follow your courses via MS Teams.
- The exam will be held online.
- Upon successfully completing the exam, you will be eligible to graduate. If you wish to attend the graduation ceremony and are located outside the EU, the university will send you an invitation letter. You can complete your visa process and join the excitement of graduation.**

** The university will send you an invitation letter based on your request, but cannot guarantee that you will obtain a visa. The issuance of a visa is a process determined by the authorities of the Polish consulate in the country where the participant is located.

How to apply for admission?



-  You can initiate your final registration for the Postgraduate programs through the website postgraduate.pl
-  You can also get in touch through our communication channels to receive the necessary information from our education consultants and proceed with your registration process alongside them.
-  You can also complete your registration process through our ZOOM sessions on specific days of the week, where our technical team provides practical tutorials during the Registration Support sessions.
-  The registration process is quite simple. You can receive detailed information about the required documents and information by consulting with our education consultants.

Your data is stored in compliance with GDPR regulations.

[Apply for admission postgraduate.pl](https://postgraduate.pl)

CLICK HERE 

What is a Postgraduate Program?

Postgraduate Programs:

- Are more practical and industry-focused.
- Aim to quickly convert theoretical knowledge into practical application.
- Are designed for professionals and individuals.
- Are short-term and content-intensive.



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Postgraduate refers to graduate-level education programs designed for individuals who have completed their Bachelor education. Postgraduate education aims to specialize in a specific field, develop professional knowledge and skills, and earn an internationally recognized diploma.

What is a Postgraduate Diploma?

A Postgraduate Diploma is a type of diploma awarded at the graduate level. This diploma is professionally oriented and focuses on practical knowledge and skills rather than academic research. It is typically completed within an academic year (60 ECTS) and has the following features:

- Practical Education: Focuses more on practice than theory.
- Short-Term Program: Can be completed in 1 year or less.
- Postgraduate Status: It is a level of education after a Bachelor's degree and provides specialization.

The Postgraduate **Diploma does not provide an academic degree** (Master's Degree), but it offers a unique opportunity for professional development and sector-specific expertise. It is typically completed in a shorter time than most Master's Programs, does not require a thesis, and is completed through project work or exams. It focuses more on practical skills rather than theoretical knowledge. It does not confer an academic title.

Polish Diploma



Transcript



Each graduate who successfully completes the Postgraduate Program;

Diploma

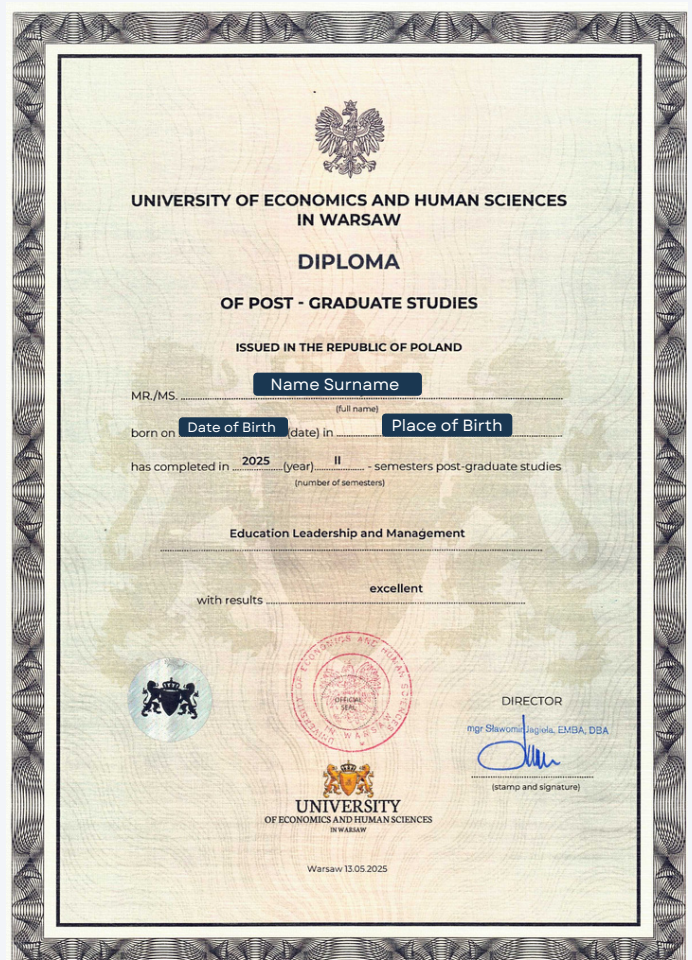
- Polish
- English

Transcript

Entitled to receive 60 ECTS credits.

**The diploma samples are taken from diplomas and transcripts issued in July 2025.

English Diploma





VIZJA UNIVERSITY

- **Vizja University: Education Leader in the Heart of Europe!**

Founded in 2001, Vizja University is one of the most prestigious educational institutions in Poland, internationally recognized. With 24,000 students from 120 different countries, it brings together diversity and innovation in education. A member of the European Universities Association, the institution offers globally recognized diplomas to its graduates.

- **International Standards:**

Vizja University, accredited by the Polish Ministry of Science and Higher Education, provides academic flexibility to its students with an education model aligned with the Bologna Process and the European Credit Transfer System (ECTS). It is a European university accredited by the Polish Ministry of Science and Higher Education.

It is a full member of the Polish National Accreditation Agency, the European Association for Quality Assurance in Higher Education (ENQA), and the European Quality Assurance Register for Higher Education (EQAR).



Quality Educators

%100

Prestigious University



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